

Massage

TRIBE 517 | SOUND ASLEEP MASSAGE

Surrender to the sensation of having your body gently realigned and perfectly put back together again with a body massage like no other, float into deep relaxation while you are supported lying face down encouraging gravity to enhance the experience. With warm Heal & Health oil of orange and fennel.

TRIBE 517 | HYPNOTIC BACK & SOLE

The back massage that thinks it's a reflex treatment Spinal pressures aromatherapy style and our iconic reverse effleurage kneading for a muscle easing back massage, coupled with healing pressure point treatment for the feet, clearing body energy pathways, promoting natural self-healing and extreme relaxation. Using our Hypnotic Sleep Balm with black pepper & petitgrain to help induce deep sleep and relaxation.

TRIBE 517 | BOTANICAL BACK, FACE & SCALP

Enjoy all the benefits of our unsurpassed face and scalp massage, combined with our glorious and celebrated back massage. The Glass Beauty cream overflowing with orange blossom and white chocolate, together with the healing and nurturing power of Wild Honey Butter with floral absolutes to deliver the unmistakable fragrance of a springtime flower garden in a jar.

TEMPLE SPA | DRIFT AWAY BODY MASSAGE

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender & Patchouli, is guaranteed to have you drifting away. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melt away...zzzzzz!!

All our indulgent spa treatments are 60 minutes in duration plus a 1hr reservation in the relax lounge following.

£85.00 (Mon/Thur) £90.00 (Fri/Sun) £95.00 (Sat)

Treatment Menu

Manor House Signature

SIGNATURE TRIBE517 PURE SALT GRAIN MASSAGE

Purifying the skin whilst working deep set tension in the muscles, and heightening the senses. Fantastically relaxing yet stimulating with nourishing warm shea butter balm and healing Himalayan Salts. This is a refreshing full body massage with a gentle exfoliation leaving skin soft, healthy, and mind & body rebalanced.

Pregnancy

TRIBE 517 | MAMA LOVE

Tender Loving Care for the second and third trimesters of pregnancy and beyond. A cocooning soothing massage encouraging sleep and relaxation, with warm blankets, pillows and a natural whipped blend of butters.

TEMPLE SPA x MANOR HOUSE YUMMY MUMMY

Pregnancy is a most wonderful time that requires treatments specifically designed for you. This signature treatment incorporates instant relief for tired, overworked legs and feet and a revitalising facial topped off with a wake up scalp massage. You never know, your little bambino might enjoy the sense of calm too!

*All of our therapists are oncology trained, therefore if you are currently ongoing with treatment for illness or disease please let us know so we can amend your treatment accordingly.

Face

TRIBE 517 | WARMING HONEY FACIAL

The active massage facial to refine and relax promoting skin health naturally, with our indulgent and exceptional youth or softening Elixirs to enhance & enrich your complexion and muscle tone, customised to address your skin concerns with our elite ACTIF8 skin work out massage and warming honey mask.

TEMPLE SPA | MY KINDA SKIN

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes a tailored face & décolleté massage plus a relaxing scalp massage. You will feel amazing and your skin will look so, so good.

TEMPLE SPA | GO GUY - THE MALE EXECUTIVE TREATMENT

A facial to revive your skin, soothe aching neck muscles and smooth away stress. Includes a deep brush cleanse plus exfoliating mask and a relaxing massage face, décolleté & shoulder massage.

TEMPLE SPA | ALL ABOUT THE GLOW - VITAMIN C RADIANCE WORKOUT

This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling & brighter, healthy-looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by vitamin c and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin.

We like to call it the facial gym power hour!

TEMPLE SPA | CHAMPAGNE & TRUFFLES DELUXE TREATMENT - THE CREME DE LA CREME!

A luxury facial that combines our Award-Winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You'll have something to celebrate.